

# Travel in Tohoku area and save!

## JR EAST PASS(Tohoku area)

Unlimited rides on all Shinkansen and other JR trains in "unlimited-ride area"

**Valid period** Your choice of any five days within a 14-day period from the day when the pass is issued (flexible five-day)

**Sales Price**

	Adults (age 12 and over)	Children (age 6-11)
Purchasing from Outside Japan	19,000 yen	9,500 yen
Purchasing in Japan	20,000 yen	10,000 yen

### JR EAST PASS 3 Ways to Purchase

**At an overseas travel agency**



You can purchase an Exchange Order before coming to Japan. After arrival in Japan, please exchange it for the pass.

**On the website**



You can purchase an e-ticket online. After arrival in Japan, please exchange it for the pass.

**In Japan**



You can purchase the pass at a sales location.



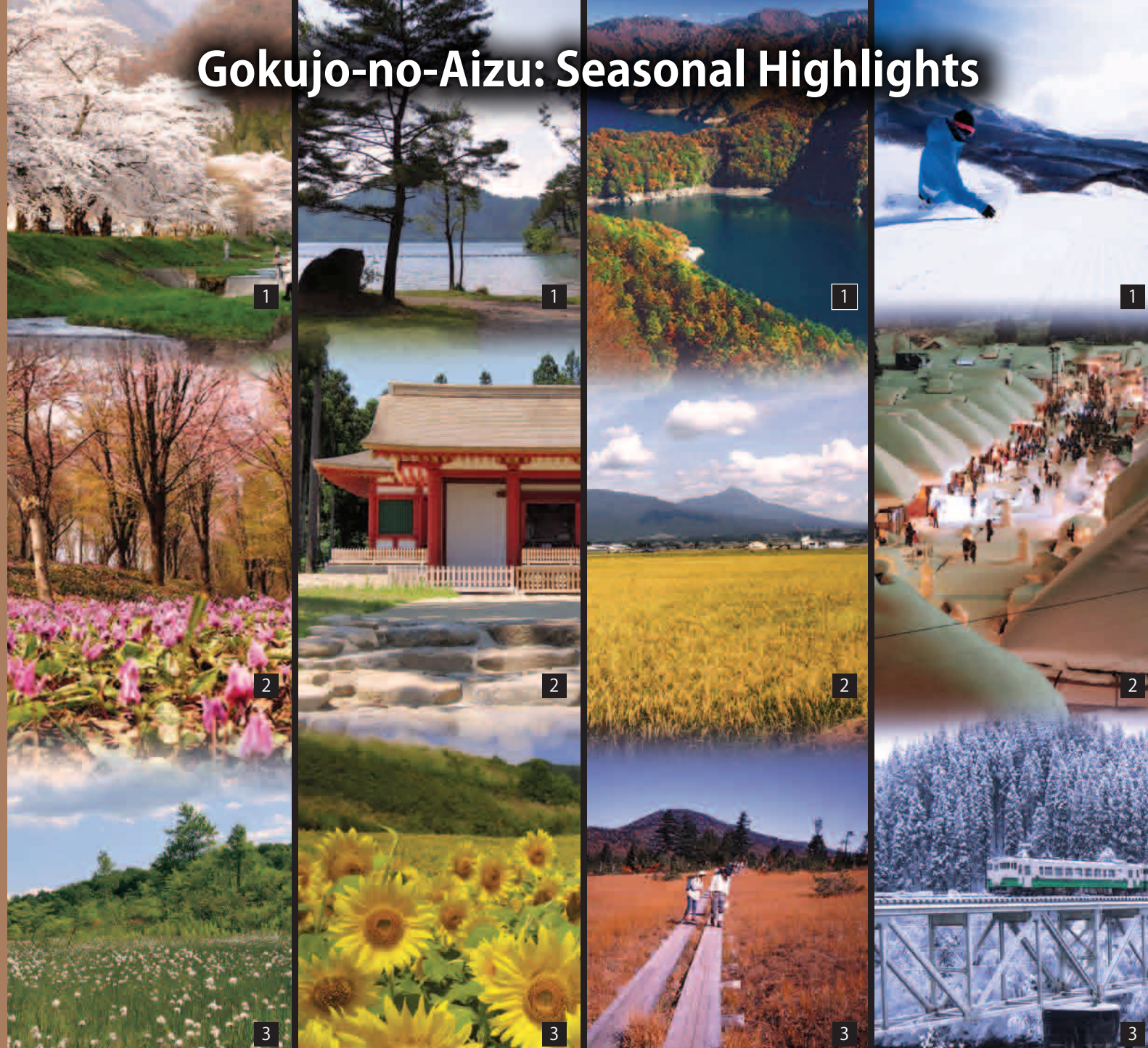
### JR EAST-South Hokkaido Rail Pass 6 Flexible days

	Adults (age 12 and over)	Children (age 6-11)
Purchasing from Outside Japan	26,000 yen	13,000 yen
Purchasing in Japan	27,000 yen	13,500 yen

web [www.jreasthokkaido.com/e/](http://www.jreasthokkaido.com/e/)



## Gokujo-no-Aizu: Seasonal Highlights



### Spring (April ~ June)

**1 The Kannon-ji River Cherry Trees**  
(5 minutes on foot from the JR Kawageta Station)  
Cherry blossom trees bloom along both sides of a 1km stretch along the Kannon-ji River.  
Best season: Late April ~ Early May (Inawashiro Town)

**2 Violets and Northern Japanese Cherry Trees in Obayashi Furusato-no Yama**  
(10 minutes by car from the JR Aizu-Miyashita Station)  
Enjoy the mountain carpeted by beautiful flowers!  
Best season: Late April ~ Early May (Mishima Town)

**3 The Cotton-grass of the Komado Marsh**  
(1 hour by car from the Aizu Railway's Aizu-Tajima Station)  
Enjoy a scene including alpine plants, such as cotton-grass.  
Best season: Mid-June ~ Late July (Showa Village /Minami-Aizu Town)

### Summer (July ~ September)

**1 Lake Numazawa in Summer**  
(10 minutes by car from the JR Hayato Station)  
Lake Numazawa is a caldera lake, formed by the Numazawa Volcano; legend has it that a giant serpent dwells there. It is also popular as a summer resort. (Kaneyama Town)

**2 Historic Site: Enichiji Temple**  
(10 minutes by car from the JR Bandai Machi Station)  
The temple is a restoration from 1,200 years ago. It has been designated a "National Historical Site." (Bandai Town)

**3 The Sannokura Sunflower Fields**  
(50 minutes by car from the JR Kitakata Station)  
Enjoy the overwhelming site of over 2,000,000 sunflowers in full bloom on the 8 hectare site, used for skiing in winter.  
Best season: Mid-August ~ Late August (Kitakata City)

### Autumn (October ~ December)

**1 The Autumn Foliage around Lake Tagokura**  
(10 minutes by car from JR Tadami Station)  
This is the best spot for viewing the beautiful autumn foliage.  
Best season: Mid-October ~ Early November (Tadami Town)

**2 Pastoral Scenery**  
(JR Okawa Station Surrounding Area)  
Yugawa Village is called "the heart of Aizu", and is located in the center of the Aizu Basin. Enjoy the golden-hued pastoral landscapes.  
Best season: Late September ~ Early October (Yugawa Village)

**3 Kusa-momiji in the Marshes of Oe**  
(About 1.5 hours by car from the Aizu Railway's Aizu-Kogen Oze Guchi Station)  
During autumn, the golden kusa-momiji (a term for the autumnal color changes of the trees and grass), spreads throughout the marsh.  
Best season: Late September ~ Early October (Hinoemata Village)

### Winter (January ~ March)

**1 Winter Sports**  
(20 ~ 40 minutes by car from the JR Inawashiro Station)  
There are many ski resorts in this area. Have fun playing various winter sports like skiing, and snow-trekking! (Inawashiro Town/Kita-Shiobara Village/Bandai Town)

**2 Ouchijuku in Winter**  
(10 minutes by car from the Aizu Railway's Yunokami Onsen Station)  
Delight in the beautiful sight of traditional thatched roof houses and snow. (Shimogo Town)

**3 The Snowscape of the Tadami-Gawa Railway Bridge**  
(5 minutes by car from the JR Aizu-Miyashita Station)  
Don't miss the breathtaking view of the railway bridge and the Tadami River. (Mishima Town)

### The Aizu Korori San-Kannon Pilgrimage

It is said that making a pilgrimage to these three kannon prevents illnesses, and ensures pilgrims will die peacefully.

**The Koanji Temple Nakata Kannon**  
Dr. Hideyo Noguchi's mother had an unwavering religious faith, and would visit this temple. (Aizumisato Town; 10 minutes on foot from the JR Negishi Station)

**The Eryuji Temple Tachiki Kannon**  
The wooden statue of the standing, thousand-armed kannon is 8.5m tall, and the biggest in Japan. The statue is designated a "National Important Cultural Property." (Aizubange Town; 5 minutes by car from the JR Todera Station)

**The Nyohoji Temple Torioi Kannon**  
It is said that if visitors find the three hidden monkeys carved on the walls of the temple hall, they will live a happy life. (Nishi-Aizu Town; 10 minutes by car from the JR Nozawa Station)

The Gokujo-no-Aizu Recommended Route  
Day-Trip Recommended Route  
Overnight Trip Recommended Route

# TOKYO

Only 2 and a half hours from Tokyo Station!

# AIZU

A journey packed with history, culture, and cuisine

Get moving now, with this brochure!  
Aizu Area is an attractive sightseeing spot with history, nature, cuisine, and culture that can't be experienced in big cities like Tokyo.



**Access to Aizuwakamatsu Station**

- Tokyo Station - Tohoku Shinkansen (Approx. 80 mins) - Koriyama Station - Ban-Etsu-West Line (Approx. 65 mins) - Aizuwakamatsu Station
- The JR EAST PASS, The Japan Rail Pass
- Sold separately, the rate for a one-way ticket is ¥9,280 (in case of the usual rate for an adult Reserved Seat on an Ordinary Car).

**For touring Aizuwakamatsu's downtown area, we recommend the Machinaka our Bus!**

Vintage Bonnet-Style Buses for Sightseeing in Aizuwakamatsu

### Haikara-san & Akabe

Classic Town Bus

**Haikara-san:** Buses leave every 30 minutes from the Aizuwakamatsu Station bus stop (first bus: 8:00am, last bus: 5:30pm)

**Akabe:** Buses leave every 30 minutes from the Aizuwakamatsu Station bus stop (first bus: 9:15am, last bus: 4:15pm)

1 Single ride 210 yen for adults/110 yen for elementary school children  
2 1-day pass 500 yen for adults/250 yen for elementary school children

**Where to buy a 1-day pass**  
Aizu Bus Information Booth at Aizuwakamatsu Station, Aizu Samurai Residences, Tsurugajo Kaikan, Higashiyama Onsen Kanko Kyokai, Tsurugajo Tourist Information Center, Iimoriyama Tourist Information Desk, Oyakuen, Aizuwakamatsu Tourism Bureau, members of the Aizuwakamatsu Inns and Hotels Association, Eki Cafe  
Note: 1-day passes are not sold on the bus. Please obtain your pass in advance at the above locations.  
Aizu Bus, Wakamatsu Office ☎0242-22-5555

**Tourism Office (English available)**  
Published by

- Aizuwakamatsu Station Tourist Information Center ☎0242-32-0688
- Gokujo-no-Aizu Project Council ☎0242-39-1251 Website: <http://gokujo-aizu.com/iti/>

Information on this brochure is current as of October 2016. Please confirm train schedule with station staff and entrance fees with the respective facilities.

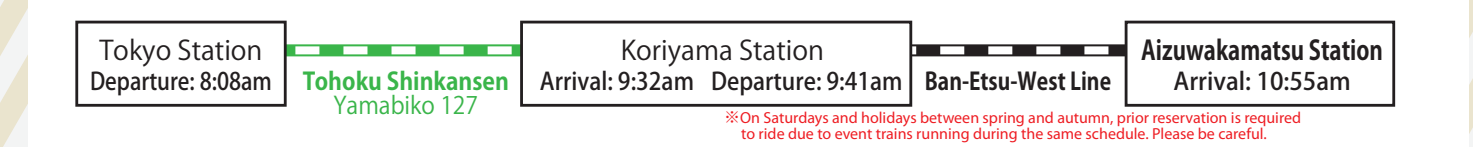


## EAST JAPAN RAILWAY COMPANY

Please check our website for the details.  
[www.jreast.co.jp/e/eastpass/](http://www.jreast.co.jp/e/eastpass/)



# “Aizuwakamatsu Castle Town”: Town-Exploring Course



**11:00 am - 11:10 am** **Aizuwakamatsu Station Tourist Information Center**  
 [Opening Hours: 9:00am~5:30pm Cost: Free of Charge]

**Classic Town Bus "Akabe"**  
 Aizuwakamatsu Station  
 Departure: 11:15am  
 Aizu Bukeyashiki Mae  
 Arrival: 11:27am

\*A one-day pass, which you can use as many times as you'd like, is 500 yen per adult. It is available at the Aizu Bus Ekimae (in front of Aizuwakamatsu Station), the Information Center, and other locations.

**11:30 am - 12:20 pm** **Aizu Bukeyashiki (Aizu Samurai Residences)**  
 [Opening Hours: 8:30am - 5:00pm Admission Fee: 850 yen Crafts: 870 yen]

**Classic Town Bus "Akabe"**  
 Aizu Bukeyashiki Mae  
 Departure: 12:34pm  
 Tsurugajo Iriguchi  
 Arrival: 12:46m

**12:50 am - 1:40 pm** **Lunch- Mouthwatering Aizu Cuisine (Around Tsurugajo Castle)**

**10 minutes on foot**

Surrounded by vast mountains, Aizu's local cuisine is rich with flavor. Aizu is known for its buckwheat soba noodles. For more dining information, please check the Tourism Pamphlets, which is available at the Aizuwakamatsu Station Tourist Information Center. (Buckwheat soba noodles: Ko-juan / Café: Adoria Kitademaru Café, etc.)

**1:50 pm - 2:40 pm** **Tsurugajo Castle: The Symbol of Aizu**  
 [Opening Hours: 8:30am - 4:30pm Admission Fee: 410 yen]

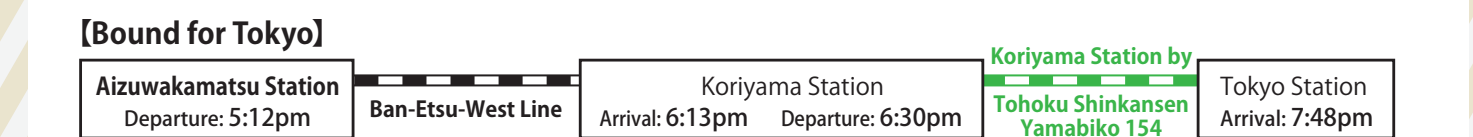
**Classic Town Bus "Akabe"**  
 Tsurugajo Iriguchi  
 Departure: 2:46pm  
 Otonamachi  
 Arrival: 2:52pm

**3:00pm - 3:40pm** **Suehiro Sake Brewery Kaeikura**  
 [Opening Hours: 9:00am - 5:00pm]

**Classic Town Bus "Akabe"**  
 Otonamachi  
 Departure: 3:52pm  
 Nanuka-machi Eki Mae  
 Arrival: 3:56pm

**4:00pm - 4:45pm** **A Stroll through the Retro Townscape of Nanoka-machi**

**The Tadami Line (In the direction of Aizuwakamatsu)**  
 Nanukamachi Station  
 Departure: 4:50pm  
 Aizuwakamatsu Station  
 Arrival: 4:54pm



**[Staying at Higashiyama Onsen]** It is said that a famous monk discovered a hot spring village about 1,300 years ago. Refresh your body and mind in these hot springs, which have been loved by many writers and artists. Accommodation Information: Higashiyama Hot Springs Tourist Association, TEL: 0242-27-7051



# Aizu/Urabandai Exploration Course (April ~ November)



**11:10am - 12:00pm** **Lunch**  
 Available at the rest house near the Goshiki-Numa Iriguchi Bus Stop, or other nearby restaurants.

**12:00pm - 1:10pm** **A walk round the Goshiki-Numa Ponds**  
 [About 70 minutes on foot; distance: about 3.6km]

Walk along the paths at the Goshiki-Numa Ponds, which are mysteriously varied colors, including blue and green. It is popular spot, even among novice hikers. Enjoy the majestic nature and alpine foliage!

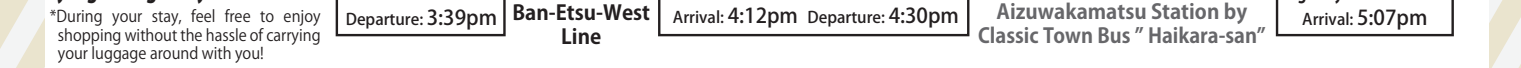
**1:10pm - 2:30pm** **Lake Hibara and the Lakeside Area Sightseeing**

**Bandai Toto Bus**  
 Goshiki-Numa Iriguchi  
 Departure: 2:45pm  
 Inawashiro Station  
 Arrival: 3:20pm

Lodging and accommodations are available in the Urabandai area. Accommodation Information: The Urabandai Tourist Association, TEL: 0241-32-2349 (available in English)



**[Staying in Higashiyama Onsen]** \*During your stay, feel free to enjoy shopping without the hassle of carrying your luggage around with you!



# Yanaizu and Hongo Pottery: Town-Exploring Course



**9:00am - 1:00pm** **Aizuyanaizu Walk**

**The Tadami Line (In the direction of Aizuwakamatsu)**  
 Aizu-Yanaizu Station  
 Departure: 1:26pm  
 Aizu-Hongo Station  
 Arrival: 2:13pm

**2:30pm - 4:30pm** **A walk around the home of Aizu-Hongo pottery; the oldest pottery style in the Tohoku Area.**

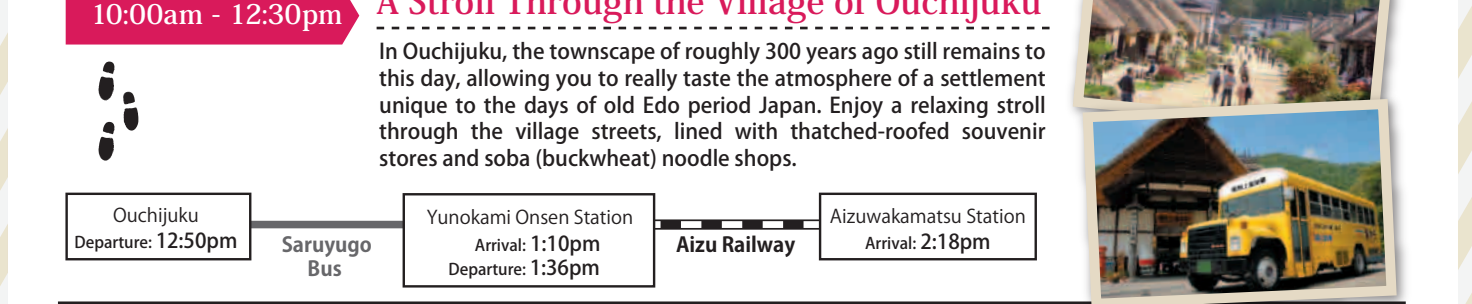
**The Tadami Line (In the direction of Aizuwakamatsu)**  
 Aizu-Hongo Station  
 Departure: 5:00pm  
 Aizuwakamatsu Station  
 Arrival: 5:20pm



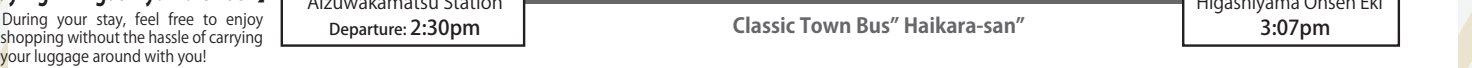
# Ouchijuku Course



**10:00am - 12:30pm** **A Stroll Through the Village of Ouchijuku**  
 In Ouchijuku, the townscape of roughly 300 years ago still remains to this day, allowing you to really taste the atmosphere of a settlement unique to the days of old Edo period Japan. Enjoy a relaxing stroll through the village streets, lined with thatched-roofed souvenir stores and soba (buckwheat) noodle shops.



**[Staying in Higashiyama Onsen]** \*During your stay, feel free to enjoy shopping without the hassle of carrying your luggage around with you!



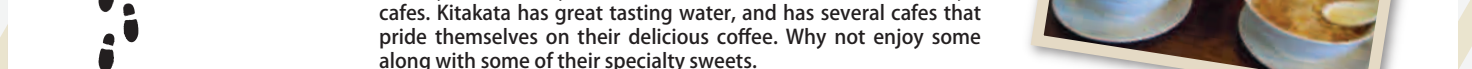
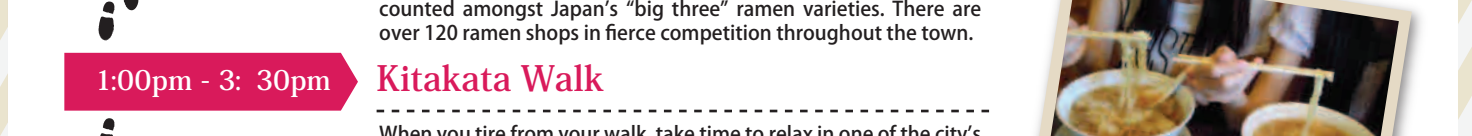
# Kitakata Course



**10:30am - 12:10pm** **Kitakata Walk**  
 The city of Kitakata has many old "kura" storehouses remain from bygone days, allowing you to enjoy a retro stroll through the town. There are some 4,100 kura in Kitakata, many of which are active as liquor houses, souvenir stores, cafes and art galleries. Enjoy the unique atmosphere, which simply breathes history and tradition.

**12:10pm - 1:00pm** **Lunch**  
 For lunch, please do try the Kitakata ramen noodles, which are counted amongst Japan's "big three" ramen varieties. There are over 120 ramen shops in fierce competition throughout the town.

**1:00pm - 3: 30pm** **Kitakata Walk**  
 When you tire from your walk, take time to relax in one of the city's cafes. Kitakata has great tasting water, and has several cafes that pride themselves on their delicious coffee. Why not enjoy some along with some of their specialty sweets.



**[Staying in Higashiyama Onsen]** \*During your stay, feel free to enjoy shopping without the hassle of carrying your luggage around with you!

